

# LOVE, TRAUMA AND I

The Sentence of Intention as a  
new Way to Encounter Yourself



## Organisation

Association for Promoting  
Healthy Human Autonomy e.V.

**Venue of the Congress** 21-23 October 2016  
Kolpinghaus Munich  
Adolf-Kolping-Str. 1  
D-80336 Munich

**Online registration for the Congress**  
[www.healthy-autonomy.de](http://www.healthy-autonomy.de)

**Fee for Participation**  
290.- Euros  
260.- Euros early bird price until 30.4.2016

**Bank account details**  
GLS-Bank Bochum  
BIC: GEN OD EM1 GLS  
IBAN: DE05 4306 0967 8210 6895 00

**Questions concerning registration**  
[Detlev.Blechner@gesunde-autonomie.de](mailto:Detlev.Blechner@gesunde-autonomie.de)

**Please contact us on Facebook**  
[www.facebook.com/gesundeautonomieev](http://www.facebook.com/gesundeautonomieev)

Title picture: Pablo Picasso: „Portrait of Dora Maar“; 1937  
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## What do I want?

“Encounter yourself by the Sentence of Intention” is the basic method and focus of our practical work. In 40 workshops with specific topics from our daily and professional life we will learn what the benefits are, to have a closer view deep into the structure of our human psyche.

Together we will gain new insights on how a lost healthy I can be re-established, and how we can come into contact with our healthy free will. On this basis, we want to discover how we can create a constructive and healthy We.

Come and participate at the ongoing development of an Identity oriented Psychotrauma theory, therapy and counselling.

I cordially invite you to this 3rd International Congress of our Association in Munich.



1st Chairman of the  
Association for Promoting  
Healthy Human Autonomy e.V.

Prof. Dr. Franz Ruppert

## Who am I?

With whom do I want a relationship with? What is the work I really like to do? The questions regarding our identity and our own will are of central importance for our everyday life. How can we achieve a healthy Self and a sane will? How can we live in intimate relationships and in greater social unities, in constructive forms of love and stay healthy?

What can make the development of a healthy Identity so difficult or even impossible? What impact do traumatic life experiences have on this? How do “the trauma of love”, “early trauma” and “perpetrator-victim dynamics” split our identity? And what options are available to overcome the splits in our psyche?

# Program of the Congress



<b>Friday 21.10.</b> 11.00am	Arrival and Registration
1.00-1.15pm	Opening of the Congress
1.15-2.45pm	Who am I? Identity, Identification and Psychotrauma <b>Presentation by Prof. Dr. Franz Ruppert</b>
2.45-3.15pm	Coffee break
3.15-5.00pm	<b>Parallel Workshops</b>
	Fr01 Name and Identity <b>Patrizia Manukian</b>
	Fr02 Afraid of your own I <b>Sabine Wintzen</b>
	Fr03 I, Myself and my House Pet <b>Bente Fjeldstad</b>
	Fr04 Trauma and Triggers in Youth Care <b>Hedwig Nießen</b>
	Fr05 Healthy love in Partnerships <b>Marion Nebbe</b>
	Fr06 Trauma and Identity <b>Martina Wittmann</b>
	Fr07 Surviving Psychotrauma – Chance for a new start? <b>Kerstin Kirschniok</b>
	Fr08 Trauma and medical Interventions <b>Kate Collier</b>
5.00-5.30pm	Coffee break
5.30-7.15pm	<b>Parallel Workshops</b>
	Fr09 My Voice as expression of my Identity <b>Aurora Wolf</b>
	Fr10 Early Psychotrauma and Identity <b>Susanne Mautner</b>

	Fr11 Sexual Abuse and Splitting of Identity <b>Andrea Stoffers</b>
	Fr12 Motherhood and Identity Development <b>Maria Green/Lucy Jameson</b>
	Fr13 How do Abortions affect Identity? <b>Diana L. Vasile</b>
	Fr14 Puberty und Identity <b>Birgit Schaumburg</b>
	Fr15 Trauma and problems with teeth <b>Thomas Röhl</b>
	Fr16 Love Relationships and Identity <b>Dagmar Strauss</b>
7.30-8.30pm	Discussion and Reflection in Plenum

<b>Sat. 22.10.</b>	
9.00-9.15am	Introduction to the 2nd Day
09.15-10.30am	Free Will – wish or reality? <b>Presentation by Prof. Dr. Franz Ruppert</b>
10.30-11.00am	Coffee break
11.00am-1.00pm	<b>Parallel Workshops</b>
	Sa01 I and my siblings <b>Detlev Blechner</b>
	Sa02 Sexual Trauma and Consequences for the Body <b>Ellen Kersten</b>
	Sa03 Fleeing – from what and whom? <b>Margriet Wentink und Wim Wassink</b>
	Sa04 My I in my Family <b>Bettina Schmalnauer</b>

	Sa05 Climacteric period – am I still me? <b>Andrea Tietz</b>
	Sa06 Who am I in my Anger, Violence and Rage? <b>Christine Foong Wong</b>
	Sa07 Motherhood and Society <b>Birgit Assel</b>
	Sa08 Childhood Trauma and Occupation <b>Marta Thorsheim</b>
1.00-2.30pm	Lunch break
2.30-4.30pm	<b>Parallel Workshops</b>
	Sa09 My Body – My Enemy? <b>Cordula Schulte</b>
	Sa10 I and I – Development of the Identity of Twins <b>Corinna Schürmann</b>
	Sa11 Who am I without my partner? <b>Anamaria Draguta</b>
	Sa12 Profession and Identity <b>Julia Vaughan Smith</b>
	Sa13 Psychotrauma in my body <b>Evelyn Hähnel</b>
	Sa14 Possessions and Identity <b>Manuela Specht</b>
	Sa15 Pain and Psychotrauma <b>Annemarie Denk</b>
	Sa16 Identity and free will <b>Franz Ruppert</b>
4.30-5.00pm	Coffee break
5.00-6.00pm	Discussion and Reflection in Plenum
From 8.00pm	Congress party with <b>Table for Two</b>

<b>Sunday 23.10.</b>	
9.00-9.15am	Introduction to the 3rd Day
9.15-10.30am	Basics of an Identity oriented Psycho-traumatherapy/-counselling <b>Presentation by Prof. Dr. Franz Ruppert</b>
10.30-11.00am	Coffee break
11.00am-1.00pm	<b>Parallel Workshops</b>
	So01 Why do I Need my Illness? <b>Maria Magdalena-Macarencio</b>
	So02 Self-realisation and reflections on the journey through life <b>Marina Schürmann</b>
	So03 I and My Sexuality <b>Stephan Niederwieser</b>
	So04 Who am I in my Job? <b>Gerlinde Fishedick</b>
	So05 When Mothers are Hostile <b>Elfriede Wimmer</b>
	So06 Self encounter by the Sentence of Intention in Individual Work Sessions <b>Vivian Broughton</b>
	So07 Stress, Meditation and Psychotrauma <b>Harald Banzhaf</b>
	So08 I and my Perpetrator Parts <b>Christina Freund</b>
1.00-2.30pm	Lunch break
2.30-4.00pm	Discussion, Reflexion and joint Conclusion of the Congress

The presentations, workshops and discussions will be translated from German to English and English to German.